

Crown & Bridge

Follow all home care instructions as provided by your dental team. They provide individualized instructions to help you best care for YOUR mouth.

It is important to adhere to your recommended follow-ups and hygiene maintenance appointments, so that we can properly monitor and promote the success of your oral and overall health.

- You can expect your numbness to last for 1-3 hours following your procedure.
- While your numbness lasts:
 - Avoid all chewing and all hot foods and liquids
 - This will prevent accidental burning or biting of your lips, tongue or cheek.
- It is common to feel soreness or “bruising” in the gum area where filling was completed, area of the injection site, or in the jaw joint or muscles. This typically only lasts for 24-48 hours and can be managed with your typical over-the-counter pain medication.

Your temporary crown or bridge will be in place for 1-3 weeks while the permanent crown is being made and customized for you.

- The purpose of the temporary crown is to protect the tooth and hold its position so that when the permanent crown returns from our dental lab, the final product will fit securely and comfortably.
 - Your temporary crown is fragile and is not as strong as the permanent crown.
 - It is not intended to last more than 4 weeks.
 - If the temporary crown breaks or comes off, contact our office to schedule an appointment for a replacement.
- Please continue to brush and floss daily. Brush around the temporary crown gently in a circular motion. If you use an electric toothbrush, please brush regularly around the rest of your mouth, avoiding your temporary. Once the toothbrush is turned off, you may brush gently and manually around the tooth with the temporary crown. Sometimes the extra vibrations of an electric toothbrush can cause the temporary crown to become loose and come off.
- Do not use an up and down flossing technique. Instead, pull the floss down through the contact and then straight out the side.
- A balanced bite is important to the success of the restoration and overall health of the mouth.
 - Please inform us if you feel like you have a “high” bite on your temporary crown.
- **Please keep your appointment to have the permanent crown placed.** This visit will take approximately 40 minutes to complete. Typically, you will not require anesthetic for the delivery of your permanent crown, but if you need it or wish to have it due to being sensitive, we can accommodate you. You may be asked to refrain from eating or drinking for 1 hour following your crown delivery appointment, depending on the type of cement we use for you. Please plan accordingly for your meals, etc.