

Root Canal Treatment

Follow all home care instructions as provided by your dental team. They provide individualized instructions to help you best care for YOUR mouth.

It is important to adhere to your recommended follow-ups and hygiene maintenance appointments, so that we can properly monitor and promote the success of your oral and overall health.

- You can expect your numbness to last for one to three hours following your procedure.
- While your numbness lasts:
 - Avoid all chewing and all hot foods and liquids
- This will prevent accidental burning or biting of your lips, tongue or cheek.
- It is common to feel soreness or “bruising” in the gum area where filling was completed, area of the injection site, or in jaw joint or muscles. This typically only lasts for 24-48 hours and can be managed with your typical over-the-counter pain medication.
- The severity of your sensitivity will depend on the location of the tooth and whether and the extent of infection (if present).
- If an infection was present, your doctor may prescribe a medication.
 - Please take all medication completely even if your symptoms subside.
- You should notice a gradual improvement in symptoms over the next 2 weeks.
 - If you start to feel worse or pain increases, please contact our office immediately.
- If the root canal was performed preventatively (no infection) you may still experience some minor sensitivity which may last up to 10 days.
- The dentist may have placed a permanent or temporary filling over the tooth.
 - If it is temporary, avoid chewing on the tooth as much as possible until the permanent filling is in place.
 - If the filling is permanent, take caution for a few days to allow inflammation to subside. Continue to brush and floss normally.
- If you experience any symptoms that seem unusual or if you notice a difference in the way your bite “fits”, contact us as adjustments may be needed.
- Your doctor may recommend a crown for the tooth that had the root canal. Please assure that this is scheduled ASAP, as timely restoration of the tooth allows for the greatest overall prognosis and success.
- Continue to practice optimal oral hygiene efforts at home.

